

# **Baseline Summary**

Natural Solutions PHC offers an energetic evaluation and is intended to support the body's natural healing ability by providing missing or misunderstood information to the individual's innate intelligence. This information can be used to remove or reduce blocked or compromised energy flow.

The Baseline test is used to evaluate the energetic condition of the organs and systems. Anything above 50 indicates stressed energy and anything below 50 indicates weakened energy. This does not relate to the physical condition of the individual.

(This report is for educational purposes only and is not intended to replace the recommendation of your health care provider.)

#### Sample Report

#### January 12, 2022

## Eustachian Tube Resonance



42 Symptoms may include: Earaches, pressure, pain and swelling, impaired hearing, or swollen lymph glands of the neck, or enlarged adenoids (pharyngeal tonsil).

Emotional aspect: The Eustachian tubes have a connection with how we filter what we hear. Consider what areas of your life in which you have "selective hearing". What message may you be "filtering" and maybe are choosing not to hear or acknowledge.

The Eustachian tube (or auditory tube) is a tube that links the pharynx (upper throat) to the middle ear; the function of the Eustachian tube is to protect, aerate and drain the middle ear. The Eustachian tube also drains mucus from the middle ear; upper airway infections or allergies can cause the Eustachian tube to become swollen, trapping bacteria and causing ear infections.

## Peripheral Nervous System Resonance



73 Symptoms may include: Changes in fine-motor control, pins-and-needles sensation, loss of sensation, sense-of-position is altered, digestive or genitourinary issues.

Emotional aspect: Concerned with the balance of rest and activity, yin and yang. Modern lifestyles over-emphasize productivity and activity 24/7. The peripheral nervous system needs calm to be able to funciton efficiently. Consider whether you are taking the time to digest and experence life fully? Do you need to create more time for calm in your life?

The part of the nervous system constituting the nerves outside the central nervous system. The peripheral nervous system can be classified either by direction of neurons or by function. There are three types of directions of the neurons: Sensory system by sensory neurons, which carry impulses from a receptor to the CNS; Efferent system by motor neurons, which carry impulses from the CNS to an effector; Relay system by relay neurons, which transmit impulses between the sensory and motor neurons.

By function, the peripheral nervous system is divided into the somatic nervous system and the autonomic nervous system. The somatic nervous system is responsible for coordinating the body movements, and also for receiving external stimuli. It is the system that regulates activities that are under conscious control. The autonomic nervous system is then split into the sympathetic division, parasympathetic division, and enteric division. The sympathetic nervous system responds to impending danger or stress, and is responsible for the increase of one's heartbeat and blood pressure, among other physiological changes, along with the sense of excitement one feels due to the increase of adrenaline in the system. The parasympathetic nervous system, on the other hand, is evident when a person is resting and feels relaxed, and is responsible for such things as the constriction of the pupil, the slowing of the heart, the dilation of the blood vessels, and the stimulation of the digestive and genitourinary systems.

## Skin Resonance



QEST

60 Symptoms may include: Skin disorders, recurrent infections, or inflammation.

Emotional aspect: Through the skin we face the world, and how we are seen by the world. Skin is the outermost expression of our being. Emotions related to skin are often connected with difficulties in communication and boundaries. Are you at peace with life and who you are? Do you accept yourself fully? Are you at peace with the world knowing that the world is safe and friendly?

The skin is the largest organ of the body; it is the interface with the surrounding environment and plays the most important role in protecting the body against pathogens. Its other main functions are insulation and temperature regulation, sensation, and synthesis of vitamin D, the protection of vitamin B folats, and helping to eliminate body wastes. Oily skin is caused by hormonal fluctuations in the body, which lead to a DHT sensitivity. This sensitivity means that the skin begins to lose moisture and essential fatty acids (linoleic acid in particular), causing thousands of skin cells to die, so the skin compensates for this loss of moisture by producing higher levels of oil.

## Stomach Resonance



Symptoms may include: Gastritis, peptic ulcer, hiatal hernia, bloating, B-12 deficiency, low red blood cell production, or other digestive disorders.

Emotional aspect: Digestion symbolizes the ability to absorb what we need and to let go of what we do not need. Stomach energy can represent whether we are feeding ourselves and others, there can be a constant creaving, a longing to fill hidden needs, or a strong denial and rejection of those needs. The stomach is where we harbor worry - the digestive enzymes churning with anxiety - until we can no longer stomach what is happening. It is common for food to be used to pacify uncomfortable emotions.

One of the principal organs of digestion located between the esophagus and the small intestine in the upper-left quadrant of the abdomen. Food enters the stomach from the esophagus, through a ring of muscles known as the cardiac sphincter that normally prevents food from passing back to the esophagus. The other end of the stomach empties into the first section of the small intestine; the pyloric sphincter, which separates the two, remains closed until the food in the stomach has been modified and is in suitable condition to pass into the small intestine. The muscular action of the stomach and the digestive action of the gastric juice convert food in the stomach into a semi-liquid state (chyme). The stomach is believed to be independent of the central nervous system; The vagus nerve and sympathetic nervous system control the stomach's secretions and movements.

#### Practitioner Comments:

The area of the body which presented the most disresonance during the evaluation process was the Eustachian Tube. This particular type of reaction indicates a weakened energetic response by the energetic field. In contrast, the Peripheral Nervous System, Stomach, and Skin (in that order) produced an above-normal energetic response which indicates that the energetic field is experiencing stress. The primary causative factor within the Comprehensive Analysis was recognized as a Polarity disturbance. This is generally caused by excessive exposure to EMF or lack of vital minerals, among other factors. The evaluation process revealed energetic disturbances relating to mineral absorption/utilization. By following the suggested protocol which includes customized energetic carries, this will support the body's natural ability to utilize necessary nutrients. By doing so, this will in turn support the recognized polarity imbalance. The remaining details of your energetic evaluation and suggested protocol will be discussed during a scheduled phone consultation.



# **Comprehensive Analysis Summary**

Natural Solutions PHC offers an energetic evaluation and is intended to support the body's natural healing ability by providing missing or misunderstood information to the individual's innate intelligence. This information can be used to remove or reduce blocked or compromised energy flow.

The Comprehensive Analysis is a causal test that uses general filters of information and is used to evaluate the primary cause of energetic disruption. It may be beneficial to look at more specific energetic patterns for additional evaluation.

(This report is for educational purposes only and is not intended to replace the recommendation of your health care provider.)

#### Sample Report

#### January 12, 2022

## Food Additives

Food additives are substances added to food to preserve flavor or enhance its taste, appearance, or other qualities. Sometimes an individual can develop sensitivities to these additives. It may be beneficial to avoid the specific items for at least 30 days and gradually add them back to the diet.

## Polarity Balance

Polarity is related to the body's energetic flow. This energetic pattern may indicate that the individual's polarity is disrupted. Possible causes for this include, low minerals, electromagnetic disturbances, or as part of the normal healing process. This energetic pattern may encourage the body's natural healing ability by providing a "blueprint" related to polarity.

## Thyroid

The thyroid is part of the endocrine system, which is made up of glands that produce, store, and release hormones into the bloodstream so the hormones can reach the body's cells. Some of the functions the thyroid regulates includes: breathing, heart rate, central and peripheral nervous systems, body weight, muscle strength, menstrual cysles, body temperature, and cholesterol levels. Some things that may support healthy thyroud function include energetic imprints, glandulars, iodine or other support or detox supplementation or modalities.

## Amino Acids

Amino acids contribute to the development of protein within the body and are vital in promoting wound repair and encourage healthy tissue in muscles and bones. Amino acids are also crucial in eliminating waste deposits related to metabolism. They also play a large role in the health of hair, skin and nails. There are 22 amino acids and many of those your body can produce. Nine of these your body cannot produce and must come from food. These are called essential amino acids. Foods containing all 9 essential amino acids are called complete proteins. Some of these foods include, eggs, beef, chicken, fish, quinoa, buckwheat, chia seeds, soy and whey.

**Practitioner Comments:** 

The area of the body which presented the most disresonance during the evaluation process was the Eustachian Tube. This particular type of reaction indicates a weakened energetic response by the energetic field. In contrast, the Peripheral Nervous System, Stomach, and Skin (in that order) produced an above normal energetic response which indicates that the energetic field is experiencing stress. The primary causative factor within the Comprehensive Analysis was recognized as a Polarity disturbance. This is generally caused by excessive exposure to EMF or lack of vital minerals, among other factors. The evaluation process revealed energetic disturbances relating to mineral absorption/utilization. By following the suggested protocol which includes customized energetic carries, this will support the body's natural ability to utilize necessary nutrients. By doing so, this will in turn support the recognized polarity imbalance. The remaining details of your energetic evaluation and suggested protocol will be discussed during a scheduled phone consultation.



# **Comprehensive Filters**

Natural Solutions PHC offers an energetic evaluation and is intended to support the body's natural healing ability by providing missing or misunderstood information to the individual's innate intelligence. This information can be used to remove or reduce blocked or compromised energy flow.

These are the additional filters needed to balance the body energetically.

(This report is for educational purposes only and is not intended to replace the recommendation of your health care provider.)

#### Sample Report

January 12, 2022

# Baseline - Maxillary Sinus

#### Mucous Membrane:

Description and Uses: For relief of symptoms related to inflammation and allergic reactions of the mucous membranes, such as sinusitis, bronchitis, colitis, otitis, etc. This formula can be used in hay fever, asthma, and all types of excessive mucous production.

Dosage: Acute: 10 drops every hour

Chronic: 10 drops four times daily

Helper Remedies: Combine with ALLER-TOTAL<sup>2</sup> (S-2), ACUTE RESCUE<sup>2</sup> (B-1) (acute cases), and LYMPHOTOX<sup>2</sup> (N-5) (chronic cases).

Acupuncture Meridians: large intestine, lung, bladder, triple warmer, and stomach Symptom Profile: Mucous-forming sinusitis, Coughing and chest pains, Bronchitis, Nausea, Fatigue, Fever, Dizziness, Burning stomach, Indigestion, Receding gums.

## Baseline - Peripheral Nervous System Ginkgo 2:1:

Ginkgo can: provide antioxidant protection promote mental clarity support normal hearing function help maintain proper energy support a healthy cardiovascular system support healthy blood function, and support healthy oxygen flow to the brain and peripheral areas of the body.

## Baseline - Stomach Pancreas, Stomach:

Ingredients: US Bovine & Porcine Glandulars 4x, 6x, 12x, 30x, 60x, 100x, 500x, 1000x.



# **Information Report**

Natural Solutions PHC offers an energetic evaluation and is intended to support the body's natural healing ability by providing missing or misunderstood information to the individual's innate intelligence. This information can be used to remove or reduce blocked or compromised energy flow.

The Information Summary is an in-depth look at some of the filters in the Comprehensive Analysis. This is not looking at primary cause issues, but rather is used as a method of gathering information regarding possible secondary or tertiary causes. The practitioner may recommend supplementation of nutrients after additional discussion with the client.

(This report is for educational purposes only and is not intended to replace the recommendation of your health care provider.)

#### Sample Report

#### January 12, 2022

## Amino Acid Signatures Tryptophan (NA):

Tryptophan is an essential amino acid which is the precursor of serotonin. Serotonin is a brain neurotransmitter, platelet clotting factor and neurohormone found in organs throughout the body. Metabolism of tryptophan to serotonin requires nutrients such as vitamin B6, niacin and glutathione. Niacin is an important metabolite of tryptophan. High corn or other tryptophan-deficient diets can cause pellagra, which is a niacin-tryptophan deficiency disease with symptoms of dermatitis, diarrhea and dementia.

Inborn errors of tryptophan metabolism exist where a tumor (carcinoid) makes excess serotonin. Hartnup's disease is a disease where tryptophan and other amino acids are not absorbed properly. Tryptophan supplements may be useful in each condition, in carcinoid replacing the over-metabolized nutrient and in Hartnup's supplementing a malabsorbed nutrient.

Sources: The requirement for tryptophan and protein decreases with age. Adults' minimum daily requirement is 3 mg/kg/day or about 200 mg a day. This may be an underestimation, for there are 400 mg of tryptophan in just a cup of wheat germ. A cup of low fat cottage cheese contains 300 mg of tryptophan and chicken and turkey contain up to 600 mg per pound. Other sources include ham, beef, other meat, salted anchovies, parmesan and swiss cheeses, eggs, almonds.

Clinical uses: Decrease aggressive behavior, control intractable pain, insomnia and improving REM sleep, suicidal, agitation, and depression. Most antidepressants prolong the effects of serotonin by preventing reuptake of this neurotransmitter, as well as the reuptake of catecholamine; Tryptophan at night and tyrosine in the morning can probably mimic the effects of most antidepressants. Levels of the neurotransmitters are directly dependent on dietary tryptophan and other amino acids.

Appetite for carbohydrates is decreased and blood sugar is raised by tryptophan supplements. It stimulates growth hormone and prolactin. Tryptophan is also beneficial in some forms of schizophrenia; it probably acts by balancing dopamine excess. In Parkinson's it inhibits tremor, and possibly also in progressive myoclonic

epilepsy. Patients with kidney failure, on birth control pills, or with Down's syndrome may need more tryptophan. Chronic tryptophan supplementation (minimum 2 g daily), like supplementation with other amino acids, raises many plasma amino acids besides tryptophan itself. This is positive and exciting because many amino acids tend to decrease with age.

Book: The Healing Nutrients Within, Eric R. Braverman, M.D. 2003 Also www.dcnutrition.com 2019

## Enzyme Signatures Lactase (NA):

This enzyme helps those who are lactose intolerant; it also helps with the absorption of calcium. Deficiency symptoms may include: dairy intolerance (lactose, milk, ice cream, butter, etc.), cramping, bloating, nausea, diarrhea, and insomnia.

Protease (NA):

## Hormone Signatures

#### Luteinizing Hormone:

Luteinizing hormone (LH) is a hormone synthesized and secreted by gonadotropes in the anterior lobe of the pituitary gland. In concert with the other pituitary gonadotropin follicle stimulating hormone it is necessary for proper reproductive function.

#### Pregnenolone:

Pregnenolone is produced naturally in the body and is the base material the body uses for the natural production of many hormones. This includes: DHEA, progesterone, testosterone and estrogen. In other words, pregnenolone is at the beginning of the chain from which flow many hormones needed to perform vital functions in the human body.

Another exciting role of natural pregnenolone. Over the years, medical researchers have discovered pregnenolone is an effective stimulant of the amygdale area of the brain - an area which plays a major role in memory retention. Now several noted experts in the field of natural memory stimulants are calling pregnenolone "the most potent memory enhancer ever found."

#### Somatotropin:

A protein hormone of the anterior lobe of the pituitary that promotes body growth, fat mobilization, and inhibition of glucose utilization.

## Testosterone:

Testosterone is a steroid hormone that is secreted from the Leydig cells of the testes in males and from the adrenal cortex and ovaries in females. Testosterone is necessary for the development and maintenance of secondary sex characteristics in the male.

In the male, testosterone production and secretion is stimulated by the pituitary hormone LH. Testosterone is metabolized to 17-ketosteroids, which eventually end up in the urine.

Testosterone increases bone density, bone formation, and bone minerals, helping to prevent osteoporosis. Testosterone also helps the heart stay healthy, fights fat, increases muscle strength, but is probably most noted for its role in the reproductive system. In this capacity, testosterone is vital to male sexual function and an essential element of both male and female libido.

## Thyrotropin Releasing Hormone:

Thyrotropin-releasing hormone (TRH), also called thyrotropin-releasing factor (TRF), thyroliberin or protirelin is released by the hypothalamus and is a tropic tripeptide hormone that stimulates the release of thyroid-stimulating hormone and prolactin by the anterior pituitary.

## Mineral Signatures Zinc (NA):

#### Zinc

Essential for: Energy productions, manufacture of genetic material, detoxification of chemicals, including alcohol, healthy immune and reproductive systems, hormone production, normal growth and development, healthy brain, teeth, bones and skin

Food Sources: Beef, Spinach, Asparagus, Shiitake & Crimini Mushrooms, Lamb, Oysters, Shrimp Pumpkin seeds, Lentils, Garbanzo Beans, Quinoa, Cashews, Green Peas, Oats, Yogurt, cooked beef, canned crab meat, simmered lamb kidney, chickpeas. In grains zinc is found in the germ and bran coverings so think WHOLE grains Whfoods.com

Functions: Zinc has six major functions;

- 1. Vital for digestion because it is necessary for creating stomach acid.
- 2. Vital for healthy pancreatic functions because it is needed for insulin metabolism and secretion.
- 3. It necessary in the process of converting tryptophan into melatonin (sleep) and serotonin (neurotransmitter for moods)
- 4. Necessary in maintaining optimal levels of vitamin E and for the absorption of vitamin A.
- 5. It's a key component of the blood-brain barrier that protects the brain from pathogens.

6. Needed for zinc-bearing proteins that drive toxins out of the body. Zinc may also protect against fetal abnormalities and infections.

Deficiency symptoms: In babies / children; Gastric reflux colic, disturbed sleep patterns, and milk intolerance followed by allergies, eczema and hay fever, then frequent / reoccurring sore throats and ear/respiratory infections, especially during growth spurts. Adolescent / Adult; Eczema on hands and face, hair loss, mental apathy, delayed sexual maturation, menstrual irregularities, decreased growth rate and impaired mental development. Loss of the sense of taste and smell (severe deficiency), poor appetite, impaired nerve conductions, white spots on the nails, mental disorders, susceptibility to infections, delayed wound-healing and impotence in men, lower testosterone levels, as well as male infertility.

Cause of Deficiency or People Prone to Zinc Deficiency: Hard to get it from diet alone. Food additives and chemicals such as EDTA used in food processing reduces absorption. Inflammatory bowel disease and celiac disease reduce zinc absorption. Alcoholics, diabetics, people with AIDS, and those with anorexia. and the elderly are prone to zinc deficiency. Pregnancy can deplete a woman's zinc stores.

Interactions: Zinc helps the body absorb Vitamin A. Zinc and copper compete for absorption. Phytates and oxalates bind with zinc and reduce absorption of zinc. B6 deficiency leads to zinc deficiency. Imbalance with copper and zinc leads to elevated cholesterol levels. High iron intake can reduce zinc levels and high Zinc levels can reduce Iron absorption. Excessive supplementation of calcium, iron, or folic acid may reduce zinc absorption. The New Encyclopedia of vitamins, minerals, supplements, & herbs; Nicola Reavley Bioresonance Theory of energetic healing, Marica Pitman & Louise Porter. Whfoods.com

## Neurological Filter Melatonin:

A precursor to serotonin; it is linked with sleep and wake cycles. It also has an affect on metabolism and clinical depression.

## Oxytocin:

Oxytocin (Greek: "quick birth") is a mammalian hormone that also acts as a neurotransmitter in the brain.

## Tryptophan:

Tryptophan - Indications: For temporary relief of anxiety, constipation, mood swings, lethargy, inability to sleep and fatigue.

## Supplement Signatures Acidophilus (all families) (NA):

Speculated benefits: helps to re-culture a healthy digestive tract, lowers cholesterol, clears up some skin problems, helps with digestion of milk and milk products especially in people who are lactase deficient. Critical in manufacturing some vitamins including biotin, and vitamin K. Produce antibacterial substances which kill or deactivate harmful bacteria playing an important role in the immune system. Used to prevent and treat antibiotic-induced diarrhea, yeast infections and urinary tract infections. Plays a role in protecting against colon cancer. Can be helpful in preventing food poisoning when traveling abroad. Should be taken between meals and most products should be refrigerated when opened.

Food Sources: Fermented vegetables, Kimchi, Keefer, Kombucha

The New Encyclopedia of Vitamins, Minerals, Supplements & Herbs; Nicola Reavley

## DHEA (NA):

DHEA (dehydroepiandrosterone) is a steroid hormone synthesized from cholesterol and secreted by the adrenal glands, and is a precursor to male and female sex hormones.

Speculated Benefits: Useful for endocrine support. Helps build lean muscle mass, improves bone density, promotes heart health, controls cholesterol and fights fatigue. DHEA levels decrease with age.

Low DHEA levels associated with: Adrenal exhaustion, Inflammatory autoimmune disorders such as arthritis and lupus. Metabolic syndrome (obesity, high cholesterol, high BP, diabetes), thyroid disorders, osteoporosis, sedentary lifestyles, eating disorders, hormonal imbalances, visceral fat. Depression and emotional instability, lack of motivation, weak coping abilities, excessive worrying. Sexual dysfunctions like loss of libido, ED, and vaginal dryness.

Supplements: According to the National Institute of Health, taking between 20 to 50 milligrams of DHEA should be sufficient and safe for most adults over the age of 30. Less is better, especially at first. Supplements without lifestyle/dietary changes are not effective and may be detrimental in the long run. Risks: DHEA is a powerful hormone, some consider it the "mother hormone", the source that fuels the body's metabolic pathways. Hormones are not easily excreted though urine like some vitamins and minerals. Hormones need to be balanced with each other and work together. People under age 30 should NOT use DHEA supplements. Men being treated for prostate cancer should not take DHEA. Err on the safe side and always consult with your doctor https://draxe.com/dhea/ www.womentowomen.com

## Vitamin Signatures Niacinamide (Vitamin B-3) (NA):

#### Niacin-Vitamin B3

Essential for: The release of energy from food, healthy skin, blood cells, and digestive system, normal growth and development, hormone production, a healthy brain and nervous system and repair of genetic material. It

is involved in the normal secretion of bile an stomach fluids, and in the synthesis of sex hormones. Food sources: Canned tuna and salmon, chicken, turkey, Mushrooms Cremini, lamb, beef, asparagus, beef liver, brewer's yeast, broccoli, carrots, cheese, corn meal, dates, eggs, fish, milk, nuts, peanuts, pork, potatoes, rabbit, tomatoes, wheat germ and whole wheat products.

Function: Needed for circulation; healthy skin; functioning of the nervous system; metabolism of carbohydrates, fats and proteins and in the production of hydrochloric acid for digestion.

Symptoms of Deficiency: Lesser symptoms include canker sores, depression, dizziness, halitosis, headaches, indigestion, limb pains, loss of appetite, low blood sugar levels and skin eruptions. Deficiency eventually leads to pellagra. Symptoms of pellagra include sensitivity to sunlight, aggression, dermatitis, diarrhea, red skin lesions, insomnia, weakness, paralysis of the extremities, mental confusion, schizophrenia and ultimately dementia.

Therapeutic Uses: prevention of Type I Diabetes by preventing the immune system from attacking the pancreatic beta cells. Mental disorders; depression anxiety and insomnia. Has been used to treat tooth eruption, fatigue, irritability, digestive disorders, headaches, leprosy, migraines, arthritis, cramps and nerve problems such as Bell's palsy and trigeminal neuralgia. Lowers cholesterol, improves circulation, prevents motion sickness, protects against pollutants and toxins, stimulates sex drive, prevents heart attacks. New Encyclopedia of vitamins, minerals, supplements, & herbs; Nicola Reavley; Bioresonance Theory of energetic healing Marcia Pitman Louise Porter; whfoods.com



# **Dental Report**

Natural Solutions PHC offers an energetic evaluation and is intended to support the body's natural healing ability by providing missing or misunderstood information to the individual's innate intelligence. This information can be used to remove or reduce blocked or compromised energy flow.

The Dental Report shows teeth related to an energetic imbalance.

(This report is for educational purposes only and is not intended to replace the recommendation of your health care provider.)

## Sample Report

January 12, 2022

## Mandible Tooth # 17

Associated Organ & Gland #17 (DRP):



Liver, Heart, Jejunum, lleum

## Mandible Tooth # 26



Occlusal Disturbance (DRP):

Impacted teeth or bite irregularity.



# **Dental Chart**

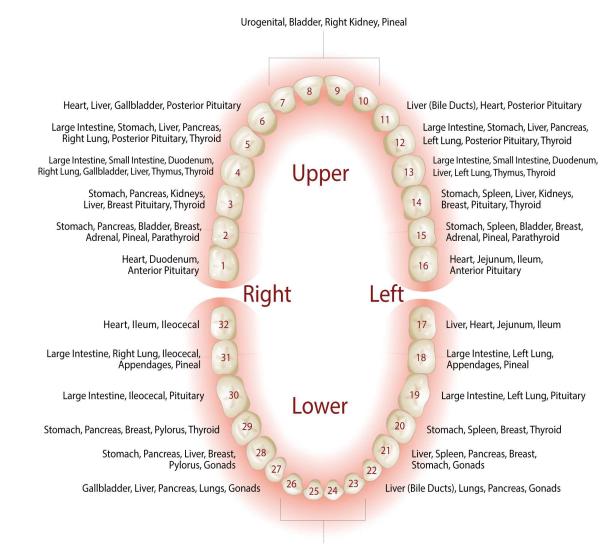
Natural Solutions PHC offers an energetic evaluation and is intended to support the body's natural healing ability by providing missing or misunderstood information to the individual's innate intelligence. This information can be used to remove or reduce blocked or compromised energy flow.

The Dental Chart shows the teeth with their energetic relations to organs or systems in the body.

(This report is for educational purposes only and is not intended to replace the recommendation of your health care provider.)

#### Sample Report

#### January 12, 2022



Urogenital, Bladder, Left Kidney, Adrenals



# **Vertebral Report**

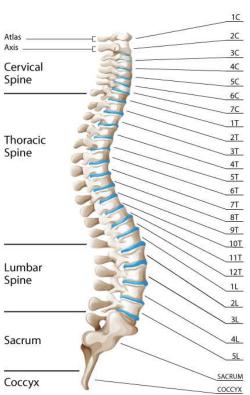
Natural Solutions PHC offers an energetic evaluation and is intended to support the body's natural healing ability by providing missing or misunderstood information to the individual's innate intelligence. This information can be used to remove or reduce blocked or compromised energy flow.

The Vertebral Report shows areas of energetic imbalance related to the spine.

(This report is for educational purposes only and is not intended to replace the recommendation of your health care provider.)

## Sample Report

#### January 12, 2022



Vertebrae

## Thoracic 1

Areas - Arms from the elbows down, including hands, wrists, and fingers, esophagus and trachea. Effects - Asthma, cough, difficult breathing, shortness of breath, pain in lower arms and hands.

## Thoracic 12

Areas - Small intestines, lymph circulation Effects - Rheumatism, gas pains, certain types of sterility.

## Thoracic 6

Areas - Stomach Effects - Stomach troubles including nervous stomach, indigestion, heartburn, dyspepsia.



# **Vertebral Chart**

Natural Solutions PHC offers an energetic evaluation and is intended to support the body's natural healing ability by providing missing or misunderstood information to the individual's innate intelligence. This information can be used to remove or reduce blocked or compromised energy flow.

The Vertebral Chart shows areas of the spine and their energetic relations to organs or systems in the body.

(This report is for educational purposes only and is not intended to replace the recommendation of your health care provider.)

#### Sample Report

#### January 12, 2022

## Effects of Spinal Misalignments

"The nervous system controls and coordinates all organs and structures of the human body." (Gray's Anatomy, 29th Ed., page 4) Misalignments of the spinal vertebrae and discs may cause irritation to the nervous system and affect the structures, organs and functions that may result in the conditions below

	Vertebrae	Areas	Effects					
10		Inner and middle ear, sympathetic nervous system, bones of the face, pituitary gland, brain, blood supply to the head, scalp	Headaches, nervousness, insomnia, head colds, high blood pressure, migraine headaches, nervous break downs, amnesia, chronic tiredness, dizziness					
AtlasC	<u>2C</u>	Eyes, optic nerves, auditory nerve, sinuses, mastoid bones, tongue, forehead	Sinus trouble, allergies, crossed eyes, deafness, eye troubles, earache, fainting, certain cases of blindness					
· · · ·	<u>3C</u>	Cheeks, outer ear, face bones, teeth, trifacial nerve	Neuralgia, neuritis, acne, eczema					
Cervical	<u>4C</u>	Nose, lips, mouth, eustachian tube	Hay fever, catarrh, hearing loss, adenoids					
Spine 🗧	50	Vocal chords, neck glands, pharynx	Laryngitis, hoarseness, throat conditions					
	<u>6C</u>	Neck muscles, shoulders, tonsils	Stiff neck, pain in upper arms, tonsillitis, whooping cough, croup					
Thoracic 🍼	Z / TC	Thyroid gland, elbows, bursae in shoulder	Bursitis, colds, thyroid conditions					
Spine 🥂	H II	lower arm, elbow, hands, wrist, fingers, esophagus, trachea	Asthma, cough, difficult breathing, short of breath, pain in lower arms and hands					
a a	7 <u>2</u> T	Heart; valves and coverings, coronary arteries	Functional heart and certain chest conditions					
	T JI	Lungs, bronchial tubes, pleura, chest, breasts	Bronchitis, pleurisy, pneumonia, congestion, influenza					
		Gall bladder, common duct	Gall bladder conditions, jaundice, shingles					
	5	Liver, solar plexus, blood	Liver conditions, low blood pressure, fevers, anemia, poor circulation, arthritis					
	J 6T	Stomach	Nervous stomach, indigestion, heartburn, dyspepsia					
1	$\mathcal{T}$	Pancreas, duodenum	Ulcers, gastritis					
	BT	Spleen	Lowered resistance					
	Te	Adrenal and super-renal glands	Allergies, hives					
@		Kidneys	Kidney troubles, hardening of the arteries, chronic tiredness, nephritis pyelitis					
		Kidneys, uterus	Skin conditions; acne, pimples, eczema, or boils					
Lumbar		Small intestines, lymph circulation	Rheumatism, gas pains, certain types of sterility					
Spine		Large intestines, inguinal ring	Constipation, colitis, dysentery, diarrhea, some ruptures or hernias					
		Appendix, abdomen, upper leg	Cramps, difficult breathing, acidosis, varicose veins					
	3L	Sex organs, uterus, bladder, knees	Bladder troubles, menstrual troubles; painful or irregular periods, miscarriages, bed wetting, impotency, change in life symptoms, knee pains					
Sacrum	AL AL	Prostate gland, sciatic nerve muscels of lower back	Sciatica, lumbago, difficult/painful or too frequent urination, backaches					
	51	Lower legs, ankles, feet	Poor circulation in the legs, swollen ankles, weak ankles and arches, cold feet, weakness in the legs, leg cramps					
Coccyx -	SACRUM	Hip bones, buttocks	Sacroiliac conditions, spinal curvatures					
CUCCYX 🔏	СОССҮХ	Rectum, anus	Hemorrhoids (piles), puritis (itching), pain at the end of the spine on sitting					

For further explanation of the conditions shown above and information about those not shown, ask your Doctor of Chiropractic.

Natural Solutions, PHC 204 Pope Street Sylvester, GA 31791 229-777-7712

# Report, Sample Schedule\*



Item	Organs/Glands/Toxins/ Systems Addressed	When Arising	Break- fast	10:00 am	Lunch	3:00 pm	Dinner	Before Sleep	No. of Bottles	No. Per Bottle	Duration
Enervimin Digestive Focus	MultiVite & Digestion		2		2						
Adrenapar (Comprehensive)	Adrenal Support	12D						12D			5weeks
Burdock	Liver/Drainer		2				2				
Manganese Plus	Endocrine / Low Back		2				2				
Thyroid Herbal (Informational)	Thyroid/Balancer	15D						15D			5weeks
Amino Complex	Amino Acids & DHEA		2				2				

#### Additional Comments:

All products should be taken until Re-Evaluation (5 weeks) Your Major Complaints: Sinus and inner ear, Stomach distress and Fatigue The Comprehensive contained a phenolic energy pattern for allergies and thereby will address the sinus and inner ear issues. Adrenal and Thyroid supplements were selected as support items needed and this will help to address fatigue. The Thyroid Filter was also selected in the Comprehensive so your energy balance drops will contain balancing energy patterns to assist in balancing thyroid function as well. The stomach was disresonant on the Baseline / Comprehensive analysis and balancing energy patterns are found in the energy balance drops provided. Also, Enervimin Digestive Focus was selected as a suggested support item and has items to support digestive processes.

Prac: LRB

Biological Sample

Office Visit

# **Audio Evaluation Summary**

## Energetic Evaluation Provided by:

Lisa R Brooks Natural Solutions PHC, LLC 204 West Pope Street Sylvester, GA 31791

**Client Name: Sample Report** 

## Introduction to Bio-Energetic Testing

Simply click on the following link for a brief summary of Bio-energetic Testing and how to interpret the following test results.

## **Click Here**

## Signatures Selected during Energetic Evaluation

The following signatures listed below were selected by the body during the testing process. Click on each audio file to receive information pertaining to the selected energetic signature.

Amino Acids Signature	Circulatory Filter
Digestive Filter	Phenolic Signature
Skin Filter	Thyroid Filter

Date: 2022-01-12

#### Protocol Summary

#### Click here to listen to the Summary

All previously listed energetic signatures will be presented to the body through either encoded liquid mediums, an encoded laser or other mediums in the recommended schedule. These supporting modalities are to be taken by the client for the purpose of providing an informational feedback mechanism over a sustained period of time.

These energetic signatures were chosen to assist in restoring homeostasis. Utilizing the chosen energetic signatures is a way of providing a re-enforcement of the informational content of the test results to the energetic field of the client.

Put simply, the energetic signatures are what the innate intelligence of the body wants for balance, it may or may not be what the body is dealing with physically. This energetic evaluation does not serve as a diagnosis but as energy balancing for the body.

While taking the provided mediums, the energetic field is being provided with information to retrain the body to remain in balance in regards to the noted energetic disturbances. It is recommended that the drops be consistently taken at the same time each day. Also, as the balancing energies are presented it is not uncommon to experience what is known as a "detox reaction" or "healing crisis". This is a normal reaction and a sign the body is making steps to restore balance. It is encouraged that proper rest and hydration be implemented during this time. If the healing crisis is too difficult, it is recommended that a reduction in dosage is considered. Once reactivity is reduced, gradually increase the dosage as you are able to better tolerate them.

**Client Notes:** 



This information is not for the purpose of treatment, prevention, diagnosis or to cure any disease process or disorder. All information included in this document was provided by Natural Solutions Training Division and is strictly for educational purposes only. This information is in no way meant to replace the advice of a licensed medical professional. The statements made throughout this document have not been evaluated by the FDA.



## Client Name: Sample Report

Date: 2022-01-12

## Products Selected During Energetic Evaluation

The following products listed below were selected by the body during the testing process. Simply click on each audio file below to receive information pertaining to the selected supplementation.

# **Detox Support**

Burdock Root

- Supports balanced uric acid levels
- Enhances liver and gallbladder function
- Promotes blood detoxification



# Nutritional Support

## Amino Complex

- Full spectrum amino acid supplement
- Supports muscle growth & recovery
- Promotes optimal cognitive



# **Organ/System Support**

## Cardio Support

- Supports optimal cholesterol levels
- Promotes healthy circulation •
- Encourages healthy heart function

# Cardio Support

# Energique

## (如)) EQ Herbals

- Anti-inflammatory properties
- Supports detoxification processes
- Antioxidant properties

## EQ Multi-Vitamins

- Provides nutritional support
- Condition specific formulations
- Supports overall vitality & wellbeing

#### EQ Pars ())

- Energetically supports organs & tissues
- Supports the body's natural healing mechanism
- Promotes optimal stress response









## Questions?

If you have any questions or concerns about the supplements listed above, please contact the practitioner responsible for providing this report.

Supplementation Provided by:

Lisa R Brooks Natural Solutions for PHC 204 W. Pope Street Sylvester, GA 31791 229-777-7712 \* info@naturalsolutionsphc.com

THIS INFORMATION IS NOT FOR THE PURPOSE OF TREATMENT, PREVENTION, DIAGNOSIS OR TO CURE ANY DISEASE PROCESS OR DISORDER. ALL INFORMATION INCLUDED IN THIS DOCUMENT WAS PROVIDED BY NATURAL SOLUTION, PHC AND IS STRICTLY FOR EDUCATIONAL PURPOSES ONLY. THIS INFORMATION IS IN NO WAY MEANT TO REPLACE THE ADVICE OF A LICENSED MEDICAL PROFESSIONAL.THE STATEMENTS MADE THROUGHOUT THIS DOCUMENT HAVE NOT BEEN EVALUATED BY THE FDA.